

**Shannon Forest  
Christian School**  
is now offering

# **FENCING**



**There are over 50  
colleges with NCAA  
fencing programs and  
scholarships....  
....and less than a  
handful of High Schools  
in North Carolina or  
South Carolina that  
offer fencing programs**

## **Fencing Brief**

Fencing is a year-round sport and is ideal for people of all ages. Fencing develops dexterity, endurance, flexibility, grace, and overall fitness, while also allowing participants the opportunity to hone the mind's problem-solving abilities.

## **USFCA Certified Instructors**

from the Knights of Siena Fencing Academy. Several KOS students have attended colleges on fencing scholarships at Harvard, Boston University, NYU, Air Force Academy, Penn State, Cornell, Duke, and NC State to name a few.

The USFCA is a member of the National Collegiate Athletic Association (NCAA). Other NCAA schools include Yale, Princeton, and MIT.

## **Specifics**

**Cost:** \$60.00/month for 1 day a week

**Age:** 10-80 (Parents welcome)

## **Schedule:**

Classes will be held on Mondays  
from 3:30-4:30 pm

## **Fencing Gear:**

All gear will be provided. Students will only need tennis shoes and comfortable clothing